

Remembrance of Allah

فَاذْكُرُونِي أَذْكُرْكُمْ وَاشْكُرُوا لِي وَلَا تَكْفُرُونِ

*'So remember Me; I will remember you.
And be grateful to Me and do not deny Me'.*

[Surah al-Baqarah: 152]

One of the Best Uses of Time is to *Remember Allah*

Abu-Darda (May Allah be pleased with him) reported:

The Messenger of Allah (ﷺ) said, "Shall I not inform you of the best of your actions which are the purest to your Rabb, which exalt you to the high ranks, which are more efficacious than spending gold and silver (in charity), and better for you than you should encounter your enemies whom you will smite their necks and they will smite your necks?" They said, "Certainly." He (ﷺ) said, "**Remembrance of Allah the Exalted.**"

[At-Tirmidhi].

Abu Hurairah (May Allah be pleased with him) reported:

The Messenger of Allah (ﷺ) said, "Allah the Exalted says: 'I am as my slave expects me to be, and **I am with him when he remembers Me**. If he remembers Me inwardly, I will remember him inwardly, and if he remembers Me in an assembly, I will remember him in a better assembly (i.e., in the assembly of angels)."

[Al-Bukhari and Muslim].

One of the Best Uses of Time is to *Remember Allah*

It was narrated from Nu'man bin Bashir (May Allah be pleased with him) that,
the Messenger of Allah (ﷺ) said:

"What you mention of glory of Allah, of Tasbih (Subhan-Allah), Tahlil (La ilaha illAllah) and Tahmid (Al-Hamdu lillah) revolves around the Throne, buzzing like bees, reminding of the one who said it.

Would not any one of you like to have, or continue to have, something that reminds of him (in the presence of Allah)? ""

[Sunan Ibn Majah]

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ ، سُبْحَانَ اللَّهِ الْعَظِيمِ

The Messenger of Allah (ﷺ) said,

"There are two statements that are light for the tongue to remember,
heavy in the Scales and are dear to the Merciful:

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ ، سُبْحَانَ اللَّهِ الْعَظِيمِ

*(Glory be to Allah and His is the praise, (and) Allah, the Greatest is free from
imperfection)'."*

[Al Bukhari & Muslim]

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

The Messenger of Allah (ﷺ) said,

"He who recites in the morning and in the evening the statement:

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

(Allah is free from imperfection and I begin with praising Him)

One Hundred Times

will not be surpassed on the Day of Resurrection by anyone with better deeds than one who utters the same words or utters more of these words."

[Muslim]

سُبْحَانَ اللَّهِ ، وَالْحَمْدُ لِلَّهِ ، وَلَا إِلَهَ إِلَّا اللَّهُ ، وَاللَّهُ أَكْبَرُ

The Messenger of Allah (ﷺ) said,

"The uttering of the words:

Subhan-Allah (Allah is free from imperfection),

Alhamdu lillah (all praise is due to Allah)

La ilaha illAllah (there is no true god except Allah)

Allahu Akbar (Allah is the Greatest)

is dearer to me than anything over which the sun rises."

[Muslim]

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ،
وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

The Messenger of Allah (ﷺ) said, "He who utters a hundred times in a day these words:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

(there is no true god except Allah. He is One and He has no partner with Him; His is the sovereignty and His is the praise, and He is Omnipotent),'

- ❖ he will have a reward equivalent to that for emancipating ten slaves,
 - ❖ a hundred good deeds will be recorded to his credit,
 - ❖ hundred of his sins will be blotted out from his scroll,
- ❖ and he will be safeguarded against the devil on that day till the evening;

and no one will exceed him in doing more excellent good deeds except someone who has recited these words more often than him.

[Al Bukhari & Muslim]

الْحَمْدُ لِلَّهِ

The Messenger of Allah (ﷺ) said,

"Purity is half of Iman (faith).

'Al-hamdu lillah (*all praise and gratitude belong to Allah*)' **fills the scales,**
and 'subhan-Allah (how far is Allah from every imperfection) and 'Al-hamdulillah (all praise and gratitude belong to Allah)' **fill that which is between heaven and earth."**

[Muslim]

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

Abu Musa (May Allah be pleased with him) reported:

The Messenger of Allah (ﷺ) said to me,

"Shall I not guide you to a **treasure from the treasures of Jannah?**"
I said: "Yes, O Messenger of Allah!" Thereupon he (ﷺ) said, "(Recite)

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

(There is no change of a condition nor power except by Allah)."

[Al-Bukhari and Muslim]

سُبْحَانَ اللَّهِ

Sa'd bin Abu Waqqas (May Allah be pleased with him) reported:

We were with the Messenger of Allah (ﷺ) when he asked,

"Is anyone of you unable to earn a thousand good deeds?"

One of those present asked: "How can one **earn thousand good deeds** in a day?"

He (ﷺ) replied, "By saying: **سُبْحَانَ اللَّهِ**

a hundred times, **then one thousand good deeds will be recorded for him or one thousand sins will be blotted out from his record.**"

[Muslim]

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

The Messenger of Allah (ﷺ) said,

‘The supplication made by the Companion of the Fish (Prophet Yūnus (a.s)) in the belly of the fish was:

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

(There is no true deity except You; exalted are You. Indeed, I have been of the wrongdoers.)

If any Muslim supplicates with these words, Allah will accept his supplication.’

[Al-Tirmidhi].

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

The Messenger of Allah (ﷺ) said, 'The words,

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

(Sufficient for us is Allah, and [He is] the best Disposer of affairs),
was uttered by Ibraheem (a.s) when he was thrown in the fire.

It was also uttered by the Prophet (ﷺ) when the people said to frighten the believers,
'A great army is gathering against you, therefore, fear them,'
but it only increased their faith and they said:

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

[Al Bukhari].

أَسْتَغْفِرُ اللَّهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ وَ أَتُوبُ إِلَيْهِ

The Messenger of Allah (ﷺ) said,

“He who says:

أَسْتَغْفِرُ اللَّهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ وَ أَتُوبُ إِلَيْهِ

‘(I seek the forgiveness of Allah, there is no true god except Allah, the Ever-Living, the Self-Subsisting, and I turn to Him in repentance)’,

his sins will be forgiven even if he should have run away from the battlefield.”

[Sunan Abu Dawud].

اللَّهُ اللَّهُ رَبِّي لَا أُشْرِكُ بِهِ شَيْئًا

Asmā' bint 'Umais (May Allah be pleased with her) narrated: The Messenger of Allah (ﷺ) said to me,

'Should I not teach you some words that you should say at the time of distress? Say:

اللَّهُ اللَّهُ رَبِّي لَا أُشْرِكُ بِهِ شَيْئًا

(Allah, Allah is my Lord, I do not associate anything with Him).

[Sunan Abu Dawud]

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ عَدَدَ خَلْقِهِ وَرِضَا نَفْسِهِ وَزِنَةَ عَرْشِهِ وَمِدَادَ كَلِمَاتِهِ

Juwairiyah (May Allah be pleased with her) wife of the Prophet (ﷺ) reported that one day the Prophet (ﷺ) left her apartment in the morning as she was busy in observing her Fajr prayer in her place of worship.

He (ﷺ) came back in the forenoon and she was still sitting there. The Prophet (ﷺ) said to her,

‘You have been in the same place since I left you.’ She said, ‘Yes.’

Thereupon He (ﷺ) said, ‘I recited four words three times after I left you and if they were to be weighed against what you have recited since morning these would outweigh them and they are:

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ عَدَدَ خَلْقِهِ وَرِضَا نَفْسِهِ وَزِنَةَ عَرْشِهِ وَمِدَادَ كَلِمَاتِهِ

[Muslim].

Reciting the Adhkaar after Salah

The Messenger of Allah (ﷺ) said, "He who recites after every prayer:

سُبْحَانَ اللَّهِ (Allah is free from imperfection) **33 times**;

الْحَمْدُ لِلَّهِ (praise be to Allah) **33 times**;

اللَّهُ أَكْبَرُ (Allah is Greatest) **33 times**; and completes the hundred with:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

(there is no true god except Allah. He is One and He has no partner with Him. His is the sovereignty and His is the praise, and He is Omnipotent),

will have all his sins pardoned even if they may be as large as the foam on the surface of the sea."

[Muslim].