

Dua for Protection from All Evil

Recite **THREE** times -

in the morning (preferably after Fajr) &
evening (preferably after Asr)

3

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ
وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

In the Name of Allah with Whose Name there is protection against every kind of harm in the earth or in the heavens, and He is the All-Hearing and All- Knowing

The Messenger of Allah (ﷺ) said: He who recites three times every morning and evening: 'nothing will harm him'

[Abu Dawud & At- Tirmidhi: Book 16, Hadith 1457]

bismillaahil la-dhee laa ya Dürrü
ma'as mihee shai ünn fil ar-Di wa laa
fis samaa-ie wa hü-was samee
'ül 'aleem

4

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ

**A'oodhu bi kalimaa tillaa
hittaammaati
min sharri maa khalaq**

**(I seek refuge in the perfect words of Allah
from the evil of that which He has created)**